How to Respond to an Opioid Poisoning

S Stimulate A Airway	 Check if they are responsive 1 Speak to them 2 Squeeze their fingertips or the muscle between the neck and shoulder If they are not responsive call 9-1-1 1 Check if they are breathing normally 2 Check for a pulse (heartbeat) 3 Remove anything in their mouth 	 Responsiveness means: Awake and alert OR Easy to wake up Breathing normally means: Taking 12 or more breaths per minute AND No unusual breathing sounds (e.g. gurgling) If at any time:
V Ventilate	 Lift chin and tilt head back Give 1 breath every 5 seconds 	 There is NO PULSE: Start CPR with rescue breathing and compressions They start breathing normally: Place them on their side Do not leave them alone Repeat SAVE ME if their breathing changes STOP giving naloxone when they are breathing normally – even if they are still unresponsive
Evaluate	 Check breathing again Check responsiveness Check for a pulse 	
Medicate	 Give naloxone if they are not breathing normally Inject 1 ampoule (0.4 mg) into arm or thigh muscle OR Give 1 intranasal spray (4 mg) in one nostril 	
Evaluate & Support	 Keep giving breaths Check breathing again Give another dose of naloxone: 3 minutes after last injection OR 3-5 minutes after last intranasal spray 	

