WHAT TO DO IF YOU FIND A DISCARDED NEEDLE?

Needle pick-up is safe and easy!

1. Find a rigid plastic container with a secure lid (e.g. plastic drink bottle with a wide mouth, liquid laundry bottle).
   - Remove the lid and place the container on the ground beside the needle.
   - Do not break or recap the needle.

2. Pick up the needle by the centre of the syringe barrel with care.
   - Use work or latex gloves if available, and tongs if you prefer.
   - Always point the sharp end of the needle down and away from you.

3. Put the needle in the container, sharp-end first, and secure the lid.
   - While doing this step, the container should be on the ground; do not hold it in your hand.

4. Remove gloves and wash hands thoroughly with soap and water.
   - Drop off the sealed container at a local health unit, pharmacy or community drop box.