

**BCCDC Take Home Naloxone** trainers should meet minimum education and training requirements and carry the minimum equipment and supplies to provide effective training opportunities. We recommend that trainers do annual refresher training.

## Education and Training

### Minimum education and training:

Basic drug poisoning prevention and response training, including:

1. How to recognize opioid poisoning,
2. How to respond using the SAVE ME Steps to Respond to a Suspected Opioid Poisoning, and
3. How to administer naloxone.

Resources to meet minimum education and training requirements:

#### **Naloxone 101 Course** (<https://towardtheheart.com/naloxone-course>)

- Online, self-paced training tool. Best for a first training or annual refresher training. Completion time is approximately 60 minutes.

#### **NaloxoneTraining.com** (<https://www.naloxonetraining.com>)

- Online, self-paced training tool. Best for quick refresh training. Completion time is approximately 10 minutes.

#### **SAVE ME Steps to Respond to a Suspected Opioid Poisoning** (<https://towardtheheart.com/resource/save-me-steps-to-respond-to-suspected-opioid-poisoning-colour/open>)

- Printable handout on how to respond to an opioid poisoning using SAVE ME steps.

### Additional recommended education and training:

#### 1. Naloxone Resources for trainers

##### **Naloxone Training Key Takeaways Checklist** (<https://towardtheheart.com/resource/naloxone-training-key-takeaways/open>)

- This checklist provides guidance for trainers to ensure that key learning objectives are covered in each naloxone training session. This resource can also be used to help assess the knowledge of training participants prior to or following a training session.

##### **Participant Training Checklist** (<https://towardtheheart.com/resource/training-checklist-certificate/open>)

- This checklist provides a guidance for trainers to assess the knowledge of the participant following a naloxone training session.

##### **Take Home Naloxone Training Quiz** (<https://towardtheheart.com/resource/thn-pre-training-and-post-training-quiz/open>)

- A quick quiz for trainers and participants to test knowledge about drug poisoning recognition and response.

#### 2. Basic Life Support (CPR training)

#### 3. Understanding of harm reduction (<https://www.catie.ca/harmreduction>), including:

- Basic principles.
- Basic safer substance use practices.

**4. Understanding of policies and legislation related to drug poisoning response, including the Good Samaritan Drug Overdose Act (<https://towardtheheart.com/resource/good-samaritan-act-poster/open>).**

**5. Knowledge of site-specific policies, if applicable.**

## Equipment and Supplies

### Minimum equipment and supplies:

1. Take Home Naloxone Kit
  - 1 x Black Case
  - 3 x Naloxone, 0.4 mg/mL, 1 mL ampoule
  - 3 x Vanish Point 3 mL syringe
  - 1 x Amber medication bottle with label
  - 3 x Plastic Ampoule breakers
  - 1 x Pair of non-latex gloves
  - 1 x individual breathing mask
2. Loose Supplies (for hands on training purposes)
  - Vanish Point 3 mL syringes
  - Plastic ampoule breakers
  - Water ampoules, 1 mL
3. Orange (fruit) or other way to practice injection
4. Sharps container

### Other supplies available:

- Mock Training Kit (for demonstration purposes only; not for distribution or hands-on training)
- Non-latex gloves
- [Responding to a Drug Poisoning Brochure](#)
- [Good Samaritan Drug Overdose Act Wallet Card](#)
- [Basic safer sex and substance use harm reduction supplies](#)

### Additional Information

- [Toward the Heart Resource Page](#)
- [SAVE ME Steps to Respond to a Suspected Opioid Poisoning.\(Colour\)](#)
- [Should You Give Naloxone?](#)
- [BC Peer Worker Training Curriculum](#)