

**Table 1: Cumulative list of knowledge products:**

|   |   |
|---|---|
| <b>Peer2Peer project and components</b>   |   |
| About P2P Summary (handout)   | <a href="https://towardtheheart.com/resource/p2p-project-summary/open">https://towardtheheart.com/resource/p2p-project-summary/open</a>   |
| P2P Timeline (updated Mar 09, 2023) (Jan 2018-Mar 2023)   | The timeline includes components of the initial Peer2Peer project and the scale-up project (Jan 2018-Mar 2023)<br><a href="https://towardtheheart.com/resource/p2p-timeline/open">https://towardtheheart.com/resource/p2p-timeline/open</a>   |
| About P2P (Video)   | <a href="https://www.youtube.com/watch?v=a4CCAc-pyeQ">https://www.youtube.com/watch?v=a4CCAc-pyeQ</a>   |
| Peer2Peer project: Project components (one-page handout)  | This summary displays all project components to make resources more accessible.<br><a href="https://towardtheheart.com/resource/peer2peer-components-/open">https://towardtheheart.com/resource/peer2peer-components-/open</a>  |
| Evaluation of the Peer Supporter (PS) and Systems Navigator (SN) Roles– Report (Jun 2021)   | The PS and SN roles were implemented at SOLID Outreach society and evaluated through 10 qualitative interviews<br><a href="https://towardtheheart.com/resource/evaluation-of-the-peer-supporter-and-systems-navigator-roles-at-solid-outreach-society/open">https://towardtheheart.com/resource/evaluation-of-the-peer-supporter-and-systems-navigator-roles-at-solid-outreach-society/open</a>                             |
| Evaluation Report. Evaluation of Peer Engagement in the Peer2Peer Project (Oct 2021)  | This evaluation assessed (from P2P PRA perspectives) benefits, challenges and impact of peer engagement, and awareness and impact of strategies implemented.<br><a href="https://towardtheheart.com/resource/evaluation-of-peer-engagement-p2p-project/open">https://towardtheheart.com/resource/evaluation-of-peer-engagement-p2p-project/open</a>   |
| <b>Videos - Peer recognition</b>  |   |
| #PeerLife: A day in the life of a peer (long video)   | <a href="https://www.youtube.com/watch?time_continue=1&amp;v=XcMBpGJqwGU&amp;feature=emb_logo">https://www.youtube.com/watch?time_continue=1&amp;v=XcMBpGJqwGU&amp;feature=emb_logo</a>   |
| #PeerLife: A day in the life of a peer (short video)  | <a href="https://www.youtube.com/watch?v=Ed_5QRYXTSc&amp;t=2s">https://www.youtube.com/watch?v=Ed_5QRYXTSc&amp;t=2s</a>   |
| 'Peers' – a song written by Tracy Scott and Kat Wahamaa   | <a href="https://www.youtube.com/watch?v=sZjKsqZyhbq">https://www.youtube.com/watch?v=sZjKsqZyhbq</a>   |
| <b>Compassionate Action: An Anti-Stigma Campaign; Videos + Facilitator Guides</b>   |   |
| <ol style="list-style-type: none"> <li>1. Hierarchies of perceived acceptable substances and modes of ingestion</li> <li>2. PWUD and employment</li> <li>3. Inequity faced by peers/experiential workers within the workplace</li> <li>4. PWUD and primary care</li> <li>5. Peer workers interactions with other professionals</li> </ol> | <p>An anti-stigma campaign which consists of videos and facilitator guides to be used for inter-disciplinary training sessions. Shared on the website and presented at meetings and posted on social media channels.</p> <p>The five module videos are also available with French captions<br/><a href="https://towardtheheart.com/peer2peer-project">https://towardtheheart.com/peer2peer-project</a> (bottom of page)</p> |

|  |  |
|--|--|
| <b>Peer Worker Leadership Training</b>   |  |
| <ul style="list-style-type: none"> <li>• Module 1: Recognizing mental health disorders</li> <li>• Module 2: Effective communication</li> <li>• Module 3: Peer-to-peer counselling skills</li> <li>• Module 4: Conflict resolution</li> <li>• Module 5: Organizational etiquette</li> <li>• Module 6: Problem solving with emotional intelligence</li> <li>• Module 7: identity and inclusion</li> <li>• Module 8: Grief and healing</li> </ul> | <p>The BC Peer Worker Training Curriculum was developed collaboratively by three groups: BC Centre for Disease Control, Peer2Peer Project; Ministry of Mental Health and Addictions/BC Campus; and Vancouver Coastal Health, Street Degree in Overdose Prevention. Each group focused on one aspect of training to create a comprehensive peer worker curriculum to deliver standardised evidence based educational resources accessible across BC, informed by people with lived/living experience of substance use. Peer2Peer developed Leadership Training modules with an accompanying handout.</p> <p><a href="https://towardtheheart.com/peer-worker-training">https://towardtheheart.com/peer-worker-training</a></p> |
| <b>Oximeter related products</b>   |  |
| Using an Oximeter during an Overdose   | <a href="https://towardtheheart.com/resource/using-an-oximeter-during-an-overdose/open">https://towardtheheart.com/resource/using-an-oximeter-during-an-overdose/open</a>  |
| How to use a pulse oximeter (Video)  | <a href="https://youtu.be/ZD9ImLsnfQc">https://youtu.be/ZD9ImLsnfQc</a>  |
| Evaluation Report. The use of pulse oximeters to supplement overdose response in British Columbia: Perceptions of experiential workers   | <a href="https://towardtheheart.com/resource/evaluation-of-the-use-of-pulse-oximeters-to-supplement-overdose-response-in-bc/open">https://towardtheheart.com/resource/evaluation-of-the-use-of-pulse-oximeters-to-supplement-overdose-response-in-bc/open</a> (2020)   |
| Core competencies of peer workers who use pulse oximeters to supplement their overdose response in British Columbia  | <p><b>Publication:</b> <i>PloS ONE</i> (Sep 2022)<br/> <a href="https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0273744">https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0273744</a></p> <p><b>Research brief:</b><br/> <a href="https://towardtheheart.com/resource/research-brief-peer-workers-who-use-pulse-oximeters-to-supplement-their-overdose-response/open">https://towardtheheart.com/resource/research-brief-peer-workers-who-use-pulse-oximeters-to-supplement-their-overdose-response/open</a></p>  |
| <b>COVID related products</b>  |  |
| COVID-19 Support Guide for Marginalized Individuals in BC (2021)   | <p>Document summarizing the government supports and subsidies available for marginalized populations.</p> <p><a href="https://towardtheheart.com/resource/covid-19-support-guide-for-vulnerable-populations/open">https://towardtheheart.com/resource/covid-19-support-guide-for-vulnerable-populations/open</a></p>   |
| OD response guidelines in light of COVID-19  | <p>Small booklet to provide guidance to peer workers in responding to drug overdoses during COVID-19.</p> <p><a href="https://towardtheheart.com/resource/responding-to-drug-overdoses-during-covid-19/open">https://towardtheheart.com/resource/responding-to-drug-overdoses-during-covid-19/open</a></p>   |
| Harm Reduction and Overdose Response during COVID-19 (Video)   | <a href="https://youtu.be/kEWDJAYpLa4%E2%80%8B">https://youtu.be/kEWDJAYpLa4%E2%80%8B</a>  |
| How to Respond to an Overdose During COVID-19 (Video)  | <a href="https://www.youtube.com/watch?v=sUrnfmIbwM4">https://www.youtube.com/watch?v=sUrnfmIbwM4</a>  |
| How to Use and Dispose of PPE During COVID-19 (Video)  | <a href="https://www.youtube.com/watch?v=fONecNdwVGA">https://www.youtube.com/watch?v=fONecNdwVGA</a>  |
| How to Place Someone in Recovery Position (Video)  | <a href="https://www.youtube.com/watch?v=ZEFk_hauyXU">https://www.youtube.com/watch?v=ZEFk_hauyXU</a>  |

|   |  |
|---|--|
| <b>The ROSE initiative and manual</b>   |  |
| The ROSE Initiative   | Rose diagram and description of each component<br><a href="https://towardtheheart.com/resource/about-rose/open">https://towardtheheart.com/resource/about-rose/open</a>  |
| Best Practice Manual for Supporting Peers/Experiential Workers in Overdose Response Settings (Aug 2020)               | The Best Practice Manual consists of documents and resources created by experiential workers that can be tailored and implemented at different organizations.<br><a href="https://towardtheheart.com/resource/supporting-peers-experiential-workers-in-overdose-response-settings/open">https://towardtheheart.com/resource/supporting-peers-experiential-workers-in-overdose-response-settings/open</a> |
| ROSE: A Peer-Developed Model for Supporting Experiential Workers in Overdose Response Environments (Video) (Oct 2020) | This video was developed for Canadian Public Health Association virtual conference 2020<br><a href="https://youtu.be/Y5q_7v4xDec">https://youtu.be/Y5q_7v4xDec</a>   |
| Evaluation Report. Quantitative evaluation of the Peer2Peer Project and ROSE Model (Sep 2021)                         | <a href="https://towardtheheart.com/resource/quantitative-evaluation-of-the-peer2peer-project/open">https://towardtheheart.com/resource/quantitative-evaluation-of-the-peer2peer-project/open</a>  |
| Using intervention mapping to develop 'ROSE': an intervention to support peer workers in overdose response settings   | <b>Publication:</b> <i>BMC Health Serv Res</i> (Nov 2021)<br><a href="https://pubmed.ncbi.nlm.nih.gov/34838019/">https://pubmed.ncbi.nlm.nih.gov/34838019/</a><br><b>Research Brief:</b><br><a href="https://towardtheheart.com/resource/rose-research-brief/open">https://towardtheheart.com/resource/rose-research-brief/open</a>  |
| <b>ROSE model handouts:</b>   |  |
| Effective communication in Peer Work (handout)  | <a href="https://towardtheheart.com/resource/effective-communication-handout/open">https://towardtheheart.com/resource/effective-communication-handout/open</a>  |
| Peer2Peer counselling skills (handout)  | <a href="https://towardtheheart.com/assets/uploads/1634073605L1T5ys7i8c5wZKTLHONqwLxDpgkuiaDKpRqKJ23.pdf">https://towardtheheart.com/assets/uploads/1634073605L1T5ys7i8c5wZKTLHONqwLxDpgkuiaDKpRqKJ23.pdf</a>  |
| Guide for responding to emergency situations with mental health disorders   | <a href="https://towardtheheart.com/resource/guide-for-responding-to-emergency-situations-with-common-mental-health-disorders/open">https://towardtheheart.com/resource/guide-for-responding-to-emergency-situations-with-common-mental-health-disorders/open</a>  |
| Self-care for peers working in overdose response settings (handout)   | It provides tips and highlights available resources to reduce stress due to burnout and compassion fatigue faced by peer workers. <a href="https://towardtheheart.com/resource/self-care-for-peers-working-in-overdose-response-settings/open">https://towardtheheart.com/resource/self-care-for-peers-working-in-overdose-response-settings-open</a>  |
| Organizational etiquette (handout)  | <a href="https://towardtheheart.com/resource/organizational-etiquette/open">https://towardtheheart.com/resource/organizational-etiquette/open</a>  |
| Conflict resolution in peer work (handout)  | <a href="https://towardtheheart.com/resource/conflict-resolution/open">https://towardtheheart.com/resource/conflict-resolution/open</a>  |
| Engaging peer workers in research: Perspectives of peer research assistants in P2P                                    | <a href="https://towardtheheart.com/resource/p2p-peer-engagement-recommendations/open">https://towardtheheart.com/resource/p2p-peer-engagement-recommendations/open</a>  |
| Substance Use Vocabulary; Common vs. Clinical language handout  | <a href="https://towardtheheart.com/resource/common-clinical-language-guide/open">https://towardtheheart.com/resource/common-clinical-language-guide/open</a>  |

|   |  |
|---|--|
| <b>Peer reviewed open access publications and research briefs</b>   | Note: some publications are duplicated above as placed under topic headers   |
| "It's an emotional rollercoaster... but sometimes it's fucking awesome": Meaning and Motivation of Work for Peers in Overdose Response Environments in British Columbia | <b>Publication:</b> <i>Int J Drug Policy</i> (Feb 2021)<br><a href="https://www.sciencedirect.com/science/article/pii/S0955395920303534">https://www.sciencedirect.com/science/article/pii/S0955395920303534</a><br><b>Research Brief:</b> URL from TTH website:<br><a href="https://towardtheheart.com/assets/uploads/1605737407/Mwrolofy7a1AdQIO9D4VVSEWkHSn4Sc7XIaENTh.pdf">https://towardtheheart.com/assets/uploads/1605737407/Mwrolofy7a1AdQIO9D4VVSEWkHSn4Sc7XIaENTh.pdf</a>  |
| "Running myself ragged": stressors faced by peer workers in overdose response settings.   | <b>Publication:</b> <i>Harm Reduct J</i> (Feb 2021)<br><a href="https://harmreductionjournal.biomedcentral.com/articles/10.1186/s12954-020-00449-1">https://harmreductionjournal.biomedcentral.com/articles/10.1186/s12954-020-00449-1</a>   |
| Using intervention mapping to develop 'ROSE': an intervention to support peer workers in overdose response settings   | <b>Publication:</b> <i>BMC Health Serv Res</i> (Nov 2021)<br><a href="https://pubmed.ncbi.nlm.nih.gov/34838019/">https://pubmed.ncbi.nlm.nih.gov/34838019/</a><br><b>Research Brief:</b><br><a href="https://towardtheheart.com/resource/rose-research-brief/open">https://towardtheheart.com/resource/rose-research-brief/open</a>  |
| Core competencies of peer workers who use pulse oximeters to supplement their overdose response in British Columbia   | <b>Publication:</b> <i>PloS ONE</i> (Sep 2022)<br><a href="https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0273744">https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0273744</a><br><b>Research brief:</b><br><a href="https://towardtheheart.com/resource/research-brief-peer-workers-who-use-pulse-oximeters-to-supplement-their-overdose-response/open">https://towardtheheart.com/resource/research-brief-peer-workers-who-use-pulse-oximeters-to-supplement-their-overdose-response/open</a> |
| The Cost of Caring: Compassion Fatigue among Peer Overdose Response Workers in British Columbia (journal article)   | <b>Publication:</b> <i>Substance Use and Misuse</i> (Nov 2022)<br><a href="https://www.tandfonline.com/doi/full/10.1080/10826084.2022.2148481">https://www.tandfonline.com/doi/full/10.1080/10826084.2022.2148481</a><br><b>Research Brief:</b> URL from TTH website:<br><a href="https://towardtheheart.com/resource/research-brief-the-cost-of-caring-p2p/open">https://towardtheheart.com/resource/research-brief-the-cost-of-caring-p2p/open</a>   |
| "We are first responders": Overdose response experiences and perspectives among people with lived/living experience of substance use in BC                              | <b>Publication:</b> <i>Drugs: Education, Prev. &amp; Policy</i> (Nov 2022)<br><a href="https://www.tandfonline.com/doi/pdf/10.1080/09687637.2022.2132134?needAccess=true&amp;">https://www.tandfonline.com/doi/pdf/10.1080/09687637.2022.2132134?needAccess=true&amp;</a>  |
| <b>Peer2Peer Scale-Up Project</b>   |  |
| Peer2Peer Scale-Up Project Evaluation Report  | This report includes findings from the scale-up project's baseline surveys, focus groups and follow-up interviews.<br><br>URL from TTH website:<br><a href="https://towardtheheart.com/resource/p2p-scale-up-evaluation-report/open">https://towardtheheart.com/resource/p2p-scale-up-evaluation-report/open</a>   |
| Peer2Peer Free Resources for Peer Workers   | URL from TTH: <a href="https://towardtheheart.com/resource/free-resource-for-peer-workers/open">https://towardtheheart.com/resource/free-resource-for-peer-workers/open</a>  |
| Peer2Peer Scale-Up Project Sweatshirts  | Sweatshirts with Peer-2-Peer design, quote and logos to improve peer worker recognition  |

<https://towardtheheart.com/resource/p2p-sweatshirt/open>

**Table 2: Scale-Up Project Learning Opportunities**

| Learning Opportunities        |  |
|-------------------------------|--|
| First aid and CPR             | Peer workers from 2 sites attended first aid training provided through St. John’s Ambulance.<br><b>22</b> peer workers received their certification  |
| Trauma informed practice      | Peer Workers at all 4 sites participated in Trauma Informed Practice training provided by the Provincial Health Service Authority to learn how to support people who have experienced trauma and to recognize and address personal trauma.<br><b>78</b> peer workers benefitted from this training         |
| Indigenous cultural safety    | 2 sites participated in Indigenous Cultural Safety Training (Feb 2023). Training was provided through two virtual sessions by an Associate Consultant from the Len Pierre Consulting Group<br><b>61</b> peer workers attended this training  |
| Self-advocacy                 | 1 site offered training on self-advocacy skills to improve self-confidence when interacting with authorities (March 2023)  |
| Mental health first aid       | 1 site supported peer workers to attend Mental Health First Aid training provided by the <b>Provincial Mobile Response Team</b> in their community.<br><b>18</b> peer workers attended   |
| Cultural awareness and safety | 1 site supported peer workers to attend Cultural Awareness and Safety training provided by an Elder in their community. They learned about ceremony protocols, wellness tools, sacred medicines teachings, remembering Indigenous roots, and how to help others safely.<br><b>14</b> peer workers attended |
| Know Your Rights Training     | 1 site offered training on rights related to law enforcement and housing (March 2023).<br><b>29</b> peer workers attended  |

**Table 3: Cumulative List of Knowledge Translation Opportunities (2020 onwards)**

| Learning Opportunities                |  |  |
|---------------------------------------|--|--|
| Conferences (peer reviewed abstracts) | <ol style="list-style-type: none"> <li>1. BC Quality Forum <i>Improving provider experience for experiential workers</i> (Feb 2020)</li> <li>2. Canadian Public Health Association conference (CPHA) <i>ROSE: A peer-developed model for supporting experiential workers in overdose response settings</i> (Nov 2020)</li> </ol> |  |

|   |   |                          |
|---|---|--------------------------|
|   | <ul style="list-style-type: none"> <li>3. Law Enforcement and Public Health virtual conference <i>A critical need for experiential workers in overdose response settings</i> (Mar 2021)</li> <li>4. CPHA virtual conference <i>Stigma faced by peer workers in overdose response settings</i> (Oct 2021)</li> <li>5. Issues of Substance (CCSA) Virtual Conference <i>The promise of the ROSE model in improving workplace stigmatization of peers in overdose response settings</i> (Nov 2021)</li> <li>6. Public Health Association of BC <i>Assessing mental health support needs of experiential workers in overdose settings</i> (Nov 2022)</li> <li>7. Lisbon Addiction Conference <i>ROSE: A peer-led intervention to support peer workers in overdose response settings</i> (Nov 2022)</li> </ul>   |                          |
| Other: Invited presentations and meetings | <p>Presented about the Peer2Peer project findings at:</p> <ul style="list-style-type: none"> <li>1) BC Harm Reduction Coordinators meeting</li> <li>2) Vancouver Coastal Health overdose community of practice meeting</li> <li>3) Interior Health SBBI network meeting</li> <li>4) SUAP projects meeting</li> <li>5) BC Overdose Prevention Strategies meeting</li> <li>6) Meeting with Health Authorities in BC</li> <li>7) BC Drug Overdose and Alert Partnership (multi sectoral attendees including enforcement, ambulance, health, peers and coroners)</li> <li>8) BCCDC Research Week</li> <li>9) Co/Lab. Recognition and respect : A critical need for peer workers in overdose response settings (Jun 2021)<br/><a href="https://www.youtube.com/watch?v=FC8dJON6huU&amp;t=5s">https://www.youtube.com/watch?v=FC8dJON6huU&amp;t=5s</a></li> <li>10) OD Prep Webinar Series hosted by Public Health Association of BC, Community Action Initiative and Canadian Mental Health Association- BC (July 2021)</li> <li>11) AVI meeting</li> <li>12) Co/Lab <i>Resources for Peer workers</i> (Mar 2023)<br/><a href="https://www.youtube.com/watch?v=k2LCYUCVBYE">https://www.youtube.com/watch?v=k2LCYUCVBYE</a></li> </ul> | From 2022 reporting year |
| Meetings<br>Other:                        | Regular meetings are held bi-weekly to check in on the progress of the ROSE model and also to consult on the knowledge sharing outputs  | From 2022 reporting year |
| Podcast<br>Other:                         | Produced two podcasts – Kloshe Wawa podcasts with BC Centre for Disease Control   | From 2022 reporting year |