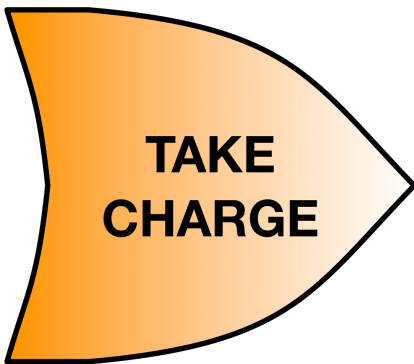


**IDENTIFY**

**1**

## **SIGNS & SYMPTOMS OF OPIOID OD**

- Before approaching **MAKE SURE AREA IS SAFE** - clear away any needles and put on gloves
- **UNRESPONSIVE** (no reaction to verbal stimulus (shout their name) or pain stimulus (**Tell them what you are going to do before you touch them**: nudge them, then do sternal rub)
- **SLOW OR IRREGULAR BREATHING** (less than 1 breath every 5 seconds or less than 12 breaths per minute), may be snoring/gurgling
- **SKIN** (may be pale or blue, especially lips and nail beds; may be cool or sweaty)
- **EYES** (pinpoint (i.e. very small) pupils)



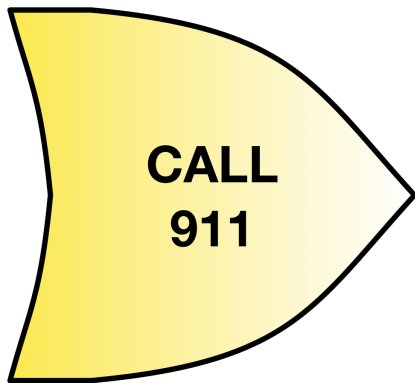
**TAKE  
CHARGE**

**2**

## **DELEGATE TASKS**

*(some can be done by 1 person, others may not be needed, use clients if possible)*

- 1) Phone 911
- 2) Meet emergency responders & direct to the OD
- 3) Rescue breathing
- 4) Chest compressions (if required - see Card 4)
- 5) Get overdose response box
- 6) Give naloxone
- 7) Crowd control (if required)
- 8) Read these instructions out loud to the responder



**CALL  
911**

## PHONE 911

- Say it is a medical emergency (not responsive not breathing) make sure ambulance is dispatched
- Give the **ADDRESS** and your **EXACT LOCATION** to the dispatchers
- Send someone to meet emergency responders at the main entrance to the building or on the street and direct them to the site of the overdose

*place a sticker with your address here*

**3**



**RESCUE  
BREATHING**

## CLEAR AIRWAY & GIVE RESCUE BREATHS

- Clear mouth of any obstructions with your finger
- Use the breathing mask in your box as a barrier
- Tilt head back, **PINCH NOSE** and give 2 breaths
- Continue to give **1 BREATH EVERY 5 SECONDS**
- *If you do NOT know how long the person has been unresponsive and not breathing, **GIVE CHEST COMPRESSIONS** as well*
- **KEEP GIVING BREATHS** (and compressions if needed) even after giving naloxone, until the person is conscious or paramedics arrive

**4**



**GIVE  
NALOXONE**

**5**

## **INTRAMUSCULAR NALOXONE INJECTION**

- If the person has NOT started breathing on their own with rescue breathing... **CONTINUE RESCUE BREATHING** AND....
- **SWIRL AMPOULE** to move medication to the bottom.
- Crack ampoule open away from your body and **draw up all the naloxone** (1 mL) into the Vanishpoint® syringe
- **Inject entire dose STRAIGHT INTO A MUSCLE (THIGH, upper arm, butt)** - insert the needle firmly but gently - it will bend if you use too much force
- **PUSH PLUNGER DOWN to inject the medication.** Keep pushing until you hear a click & the needle retracts
- You can inject through clothes



**EVALUATE**

**6**

## **WATCH FOR RESPONSE**

- **WAIT 3-5 MINUTES** to see if the person regains consciousness
- This means **GIVE APPROXIMATELY 40 BREATHS** before considering another dose of naloxone
- Don't forget to **CONTINUE RESCUE BREATHING** until the person is breathing on their own

## MORE NALOXONE?

### REPEAT ADMINISTRATION OF NALOXONE

- If there is no response after 3-5 minutes, **GIVE A 2ND DOSE OF NALOXONE** (as described above)
- **WAIT 3-5 MINUTES (CONTINUE TO GIVE BREATHS)**
- Continue to give naloxone as described above **EVERY 5 MINUTES (while rescue breathing)** until
  - the person starts breathing on their own again
  - OR-
  - ambulance arrives

7

## DOCUMENT & DEBRIEF

### AFTERCARE: DOCUMENT & DEBRIEF

- When the person regains consciousness they will not remember what happened - explain what happened.
- Tell paramedics about all emergency care provided (including # naloxone injections given)
- **FILL OUT REQUIRED PAPERWORK**
  - Your Organization's Critical Incident Form and
  - **Facility Overdose Response Box Naloxone Administration Information Form**
- Debrief with your supervisor, and access additional support if desired as directed by your organization

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