

BCCDC – How to Use Naloxone Course: More Resources

Last Updated: Winter 2024

The resources provided below are complimentary to the BCCDC – How to Use Naloxone Course.

General Information by Region

	URL
BCCDC Toward the Heart	http://www.bccdc.ca/our-services/service-areas/harm-reduction-substance-use-services https://towardtheheart.com/a-z-resource-page
First Nations Health	https://www.fnha.ca/what-we-do/mental-wellness-and-substance-use/harm-reduction-and-the-toxic-drug-crisis/
Métis Nation BC	https://www.mnbc.ca/work-programs/ministries/mental-health-harm-reduction
Vancouver Coastal Health	https://www.vch.ca/en/substance-use-harm-reduction-resources-health-professionals-service-providers
Interior Health	https://www.interiorhealth.ca/health-and-wellness/mental-health-and-substance-use/toxic-drug-crisis
Fraser Health	https://www.fraserhealth.ca/health-topics-a-to-z/mental-health-and-substance-use/overdose-prevention-and-response
Vancouver Island Health	https://www.islandhealth.ca/learn-about-health/substance-use-addiction/overdoses
Northern Health	https://www.northernhealth.ca/health-topics/overdose-prevention
211	https://bc.211.ca/

Naloxone, Alerts, & Virtual Overdose Prevention Services

	URL
FNHA Intramuscular and Nasal Naloxone	https://www.fnha.ca/what-we-do/mental-wellness-and-substance-use/harm-reduction-and-the-toxic-drug-crisis/naloxone
Take Home Naloxone Site Sign	https://towardtheheart.com/resource/take-home-naloxone-site-sign/open
BCCDC Toward the Heart Site Finder	https://towardtheheart.com/site-finder
Why give breaths	https://towardtheheart.com/resource/why-give-breaths/open
Brave App	https://www.brave.coop/
Lifeguard App	https://lifeguarddh.com/
NORS Hotline	https://www.nors.ca/
Toxic Drug and Health Alerts	<p>https://towardtheheart.com/alerts</p> <p>To receive toxic drug alerts anonymously to your phone or to share information about toxic drugs in your community, text the word JOIN to 253787 (ALERTS). Message and data rates may apply</p>

Additional Training

	URL
FNHA: Harm Reduction for Health and Community Workers	https://www.fnha.ca/what-we-do/mental-wellness-and-substance-use/harm-reduction-and-the-toxic-drug-crisis/harm-reduction-for-health-and-community-workers
VCH Online Street Degree Manual	https://www.vch.ca/en/media/23191
P2P Compassionate Action Anti-Stigma	5 Module Series
MMHA Peer Support Worker	https://peerconnectbc.ca/for-those-facilitating-peer-learners/
BCCDC Toward the Heart Peer Worker Training	https://towardtheheart.com/peer-worker-training
St. John Ambulance React and Reverse	https://reactandreverse.ca/

Grief, Mental, Emotional, and Spiritual Supports

	URL
FNHA Mental Health and Wellness Supports	https://www.fnha.ca/what-we-do/mental-wellness-and-substance-use/mental-health-and-wellness-supports
FNHA: Remembering and Honouring Loved Ones Lost to the Toxic Drug Crisis	https://honouringourlovedones.fnha.ca/
FNHA: Substance Use and Healing	https://www.fnha.ca/what-we-do/mental-wellness-and-substance-use/harm-reduction-and-the-toxic-drug-crisis/substance-use-and-healing
PHSA: Mobile Response Team	http://www.phsa.ca/our-services/programs-services/health-emergency-management-bc/provincial-overdose-mobile-response-team
BC Bereavement Helpline	https://bcbh.ca/grief-support/loss-due-to-substance-use/
Indian Residential School Survivors Society	https://www.irsss.ca/
Moms Stop the Harm: Healing Hearts	https://www.healingheartscanada.org/
Moms Stop the Harm: Holding Hope	https://www.holdinghopecanada.org/
BCCSU: Gone too Soon	https://www.bccsu.ca/wp-content/uploads/2018/11/Grief_Handbook.pdf