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BCCDC HARM REDUCTION SERVICES

Nasal Naloxone QUICK TIPS

HOW TO USE

Follow the SAVE ME steps just like you would to give injectable naloxone, but give naloxone nasal spray at the *medication* step:



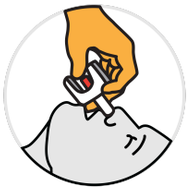
Remove device from packaging. Do not test the device. There is only one dose per device.



Put your hand under the person's neck and tilt their head back.



Hold the device with your thumb on the bottom of the plunger. Put your first and middle fingers on either side of the nozzle.



Gently insert the tip of the nozzle into one nostril. Your 2 fingers on either sides of the nozzle should be right against their nose.



Press the plunger firmly with your thumb to give the dose.

Remove the device from the nostril.



Give 1 dose of nasal naloxone every 3 minutes

HOW TO STORE

- Store in the packaging provided and at a temperature **between 15°C to 25°C.**
- **Nasal naloxone will freeze at temperatures below -15°C.** If it freezes, the device won't work. Let it thaw at room temperature for 15 minutes.

WHAT TO KNOW

- Each nasal kit has 2 devices, which equals 2 doses.
- Nasal naloxone takes 3-4 minutes to work, while injectable naloxone takes 2-5 minutes to work.
- **One dose of nasal naloxone is stronger (4 mg) than one dose of injectable naloxone (0.4 mg).**
- If possible, use injectable naloxone first or for a later dose since the body absorbs it better and is less likely to cause withdrawal.
- People who use opioids regularly can go into withdrawal if they are given too much naloxone.

Focus on giving breaths and giving naloxone enough time to work.

- If a person does go into withdrawal, stay with them until help arrives. Comfort them and remind them that the naloxone will wear off.