A TIMELINE OF THE **PEER2PEER**PROJECT











University Canadian Institute for of Victoria Substance Use Research







A project aimed to develop, implement and evaluate strategies to support peer/experiential workers* who are working in BC Overdose Response Settings.

JAN - MAR 2018

Advisory Team



MAR - APR 2018 Consultations with Supporting Organizations



NOV 2018 - MAR 2019 Needs Assessment

Focus groups were facilitated by experiential researchers to identify which supports are needed by peer/experiential workers.



JUN - JUL 2019 Development of the ROSE Model

Peer/experiential workers identified key priorities for their respective organizations and these served as the



peer/experiential workers.

Formation of P2P Research and

This consisted of core research team,

pilot organizations' management, and

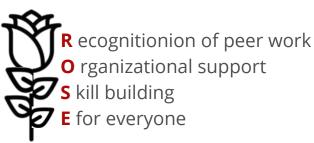
MAY - AUG 2018 Development of Research Plan

Research and Advisory team meetings were held to develop research questions and a focus group guide.



APR - MAY 2019 Data Validation

Focus group findings were summarized and data validation meetings were held with the Research and Advisory Team.



basis for the intervention model that was developed: the ROSE model.

SEPT 2019 Baseline Survey

Baseline evaluation survey consisting of measures of substance use patterns and effects, perceptions of health and quality of life, and job satisfaction, will be conducted at pilot sites by peer/experiential researchers.



*A person with lived/living experience with substance use that uses their lived experience to inform their professional work.

AUG 2019 Implementation Plans

ROSE implementation plans were developed by each of the pilot organizations.



SEPT 2019- MAR 2020 Implementation and Knowledge Sharing

ROSE model components implemented at pilot sites and knowledge-sharing materials for other organizations developed.

- <u>#PeerLife video</u>
- <u>Compassionate Action Anti-Stigma</u> <u>Campaign videos filmed</u>
- Maple Ridge team certified in First Aid & CPR

MAR 2020 - JUN 2020 Development of supports for peer/experiential workers during COVID

Provided supports and developed trainings/info sheets to support people who use substances including:

- Provided oximeters to pilot sites to supplement overdose response
- Conducted oximeter evaluation interviews.
- How to use oximeters guide
- Infographic and training videos on responding to overdoses during COVID-19
- Documented <u>supports available for</u> <u>marginalized populations during</u> <u>COVID-19</u>



SEPT-OCT 2020 SN/PS Evaluations

<u>Qualitative evaluation of the</u>
<u>Systems Navigator and Peer</u>
<u>Supporter roles at SOLID Outreach.</u>



- All teams trained in crisis intervention and mindfulness.
- Team-building days organized by all pilot sites
- Finalized the <u>Best Practice Manual</u> for supporting peer/experiential workers in OD response settings.



JUN - AUG 2020

Journal Articles

Wrote and submitted two manuscripts on the <u>stressors</u> and <u>meaning</u> associated with experiential work.



NOVEMBER 2020 Knowledge Products

 Completion of <u>Compassionate</u> <u>Action Facilitator Guides</u> and official launch of the campaign

DECEMBER 2020 Skill Development

- Maple Ridge and Vancouver teams trained in Cultural Competency.
- Victoria team certified in First Aid and CPR.



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- <u>Report on the Evaluation of the Use</u> of Pulse Oximeters to Supplement Overdose Response in BC
- <u>Research Brief</u> for paper published in Harm Reduction Journal
- <u>Research Brief</u> for paper published in International Journal of Drug Policy



JAN - MARCH 2021 Follow-Up Survey and Training Content

- 1-year evaluation survey conducted at all sites.
- Developed and reviewed content for the Peer Worker Leadership online training modules.



JUL-NOV 2021 Project Evaluation

- Quantitative data analysis of the survey data and preparation of the <u>evaluation report</u>.
- Qualitative evaluation of peer engagement through telephone interviews with the peer research assistants and preparation of <u>evaluation report</u>.
- Evaluation of the Peer Worker Leadership Training through surveys embedded in the modules.



JUN 2022

Needs Assessment

Five semi-structured focus groups facilitated by Peer Research Assistants were conducted across the four participating scale-up sites.

APRIL-JUN 2021

Launch of BC Peer Worker Leadership Training

 Sequential launch of the <u>online</u> <u>training modules</u> and supporting documentation.

NINE Campaign

• Wrote letters for the <u>Naloxone Is</u> <u>Not Enough</u> campaign.

MAR - MAY 2022

Peer2Peer Scale-up Recruitment

- Peer2Peer received funding from Health Canada to scale-up the pilot project to additional sites.
- Four sites across 4 health regions in BC were selected.



JULY - AUG 2022 Development of ROSE Models for Scale-up Sites

Focus group findings were summarized

JUL - SEPT 2022 Baseline Survey

Baseline surveys were conducted by the Peer Research Assistants across the four scale-up sites and consisted of questions relating to:

- Demographics
- Workplace conditions and job satisfaction
- Compassion satisfaction and fatigue
- Perceptions of health and quality of life
- Top stressors
- Impact of COVID-19 on workload



and data validation meetings were held with the Peer Research Assistants, who identified key priorities to inform the development of the ROSE Models.



AUG 2022 - FEB 2023

Launch of additional modules for the Peer Worker Leadership Training

Three additional modules were added to the Peer Worker Leadership Training on Problem Solving with Emotional Intelligence, Identity and Inclusion, and Grief and Healing.



R ecognitionion of peer workO rganizational supportS kill buildingE for everyone

FEB 2023 Follow-up Interviews

Follow-up interviews were conducted in February 2023 with Peer Research Assistants and Peer Advisors. Findings regarding the ROSE interventions were collected.



OCT 2022 - FEB 2023 ROSE Model Implementation

ROSE implementation plans were developed and tailored for each of the scale-up project sites. Interventions included:

- <u>Recognition of Peer Work:</u> Photo IDs, business cards, staff t-shirts and sweatshirts, community outreach events, relationshipbuilding with Community partners, and training for other staff.
- <u>Organizational support</u>: Pulse oximeters, cellphones, Peer Support Worker role, peer worker job description, orientation checklist, buddy program, sharing/ support circles, and teambuilding activities.
- <u>Skill development:</u> Training in first aid and CPR, trauma-informed practice, self-advocacy, Indigenous cultural safety, and Mental Health First Aid.

MARCH 2023

Scale-Up Project Evaluation Report

The evaluation report of the scale-up project included:

- A descriptive analysis of the baseline surveys
- Thematic analysis of the focus group transcripts
- Thematic analysis of the follow-up interviews

MARCH 2023

The Peer2Peer Project ends

After 5 years of supporting organizations employing peer/experiential workers in BC, the Peer2Peer Project comes to an end.

The Peer2Peer Project is made possible with support from Health Canada. The views expressed herein do not necessarily represent the views of Health Canada.

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