

Peer2Peer Project: Resources for Peer Workers

Presented by:

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On behalf of the Peer2Peer Project team

<https://towardtheheart.com/peer2peer-project>



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BCCDC HARM REDUCTION SERVICES



BC Centre for Disease Control
Provincial Health Services Authority



University of Victoria | Canadian Institute for
Substance Use Research



raincity
HOUSING



Lookout
Housing + Health Society



Background

- Working in overdose response settings → lasting social, mental and emotional impacts.
- Peer workers are at the forefront of overdose response initiatives in BC.
- Peer workers face increased stress because of their relationships with people they respond to.
- Peer workers lack organizational and mental health supports.



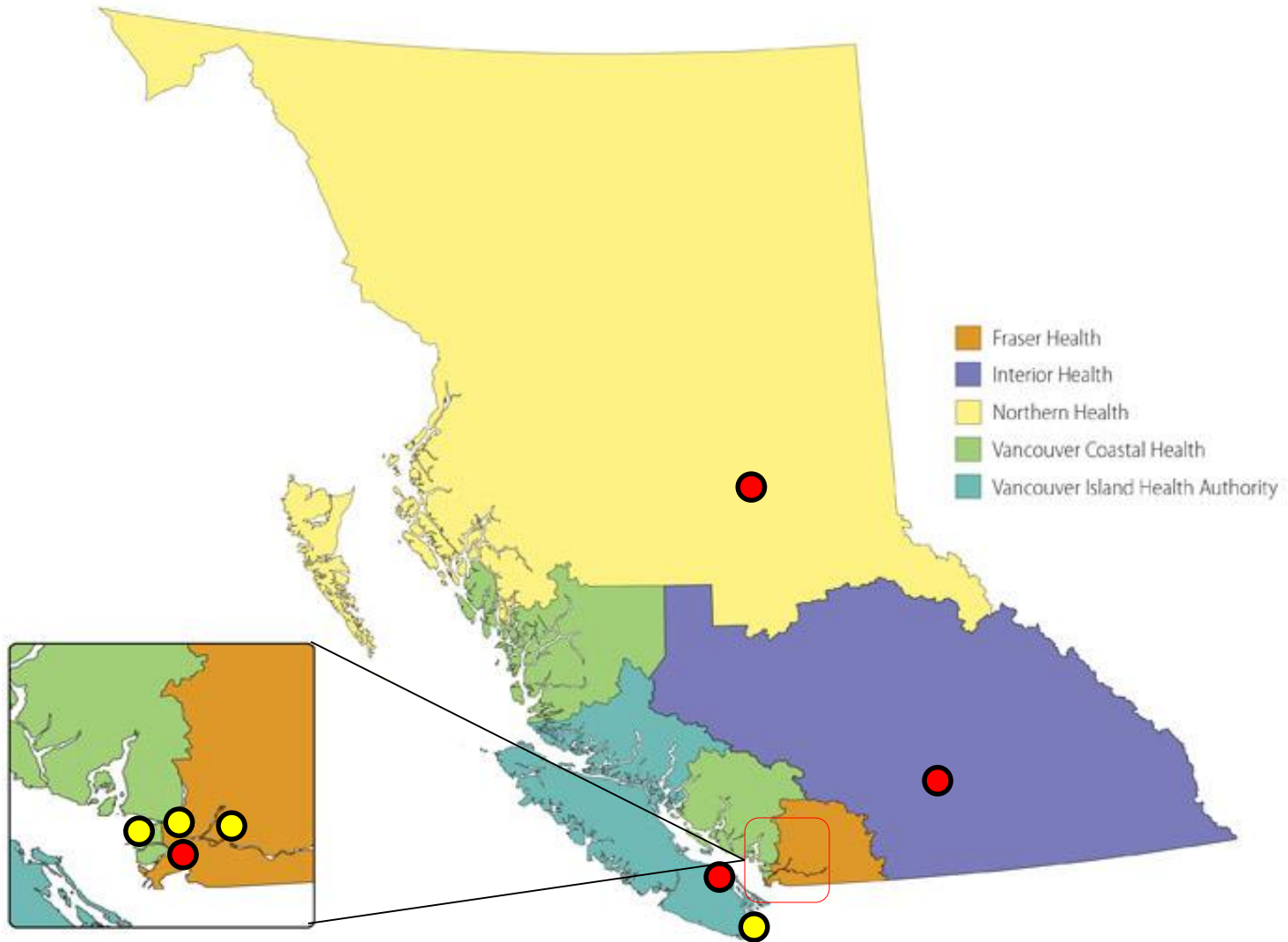
***Peer Worker:** A person who has lived/living experience of substance use and incorporates that lived experience into their professional work.

Peer2Peer Project (P2P)

Aim: Develop, implement and evaluate peer-led support interventions for peer workers who are working in BC overdose response environments.



Peer2Peer Project (P2P) sites



Needs Assessment Findings

13 focus groups (2 phases)

- 8 with pilot sites (November 2018 - March 2019)
- 5 with scale-up sites (June 2022)

Challenges faced by peer workers

- Stigma and discrimination
- Burnout, grief, and survivor's guilt
- Lack of workplace supports and role clarity
- Pay inequity and personal living conditions

Successes

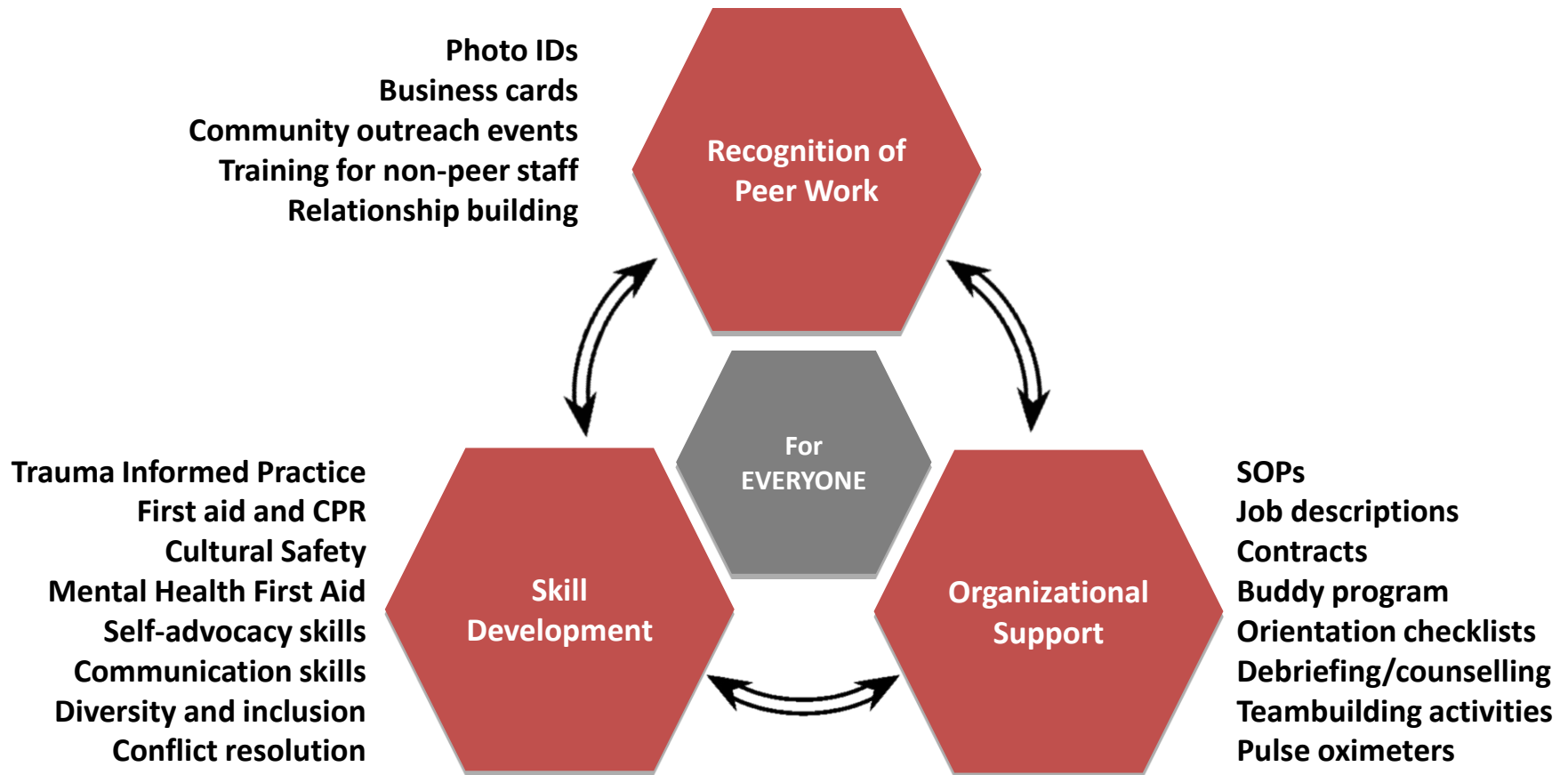
- Calming presence after overdose
- Knowledge of doing good work in their community
- Act as inspiration for others

The ROSE Model



More info: <https://towardtheheart.com/resource/about-rose/open>

The ROSE Model



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#PeerLife: A Day in the Life of a Peer



Compassionate Action Modules

- A series of interactive case study videos about stigma and discrimination experienced by People Who Use Drugs (PWUD).
- Based on real life experiences of PWUD.
- To bring PWUD and providers together to encourage collaboration and mutual respect.
- Joint project between the Peer-2-Peer team, PEEP and the Cultural Safety team in Victoria.



People Who Use Drugs and Primary Care

Peer2Peer Project

2.1K views • 2 years ago



Inequity Faced by Peers/Experiential Workers in...

Peer2Peer Project

1.1K views • 2 years ago



Peers Workers' Interactions with Other Professionals

Peer2Peer Project

667 views • 2 years ago



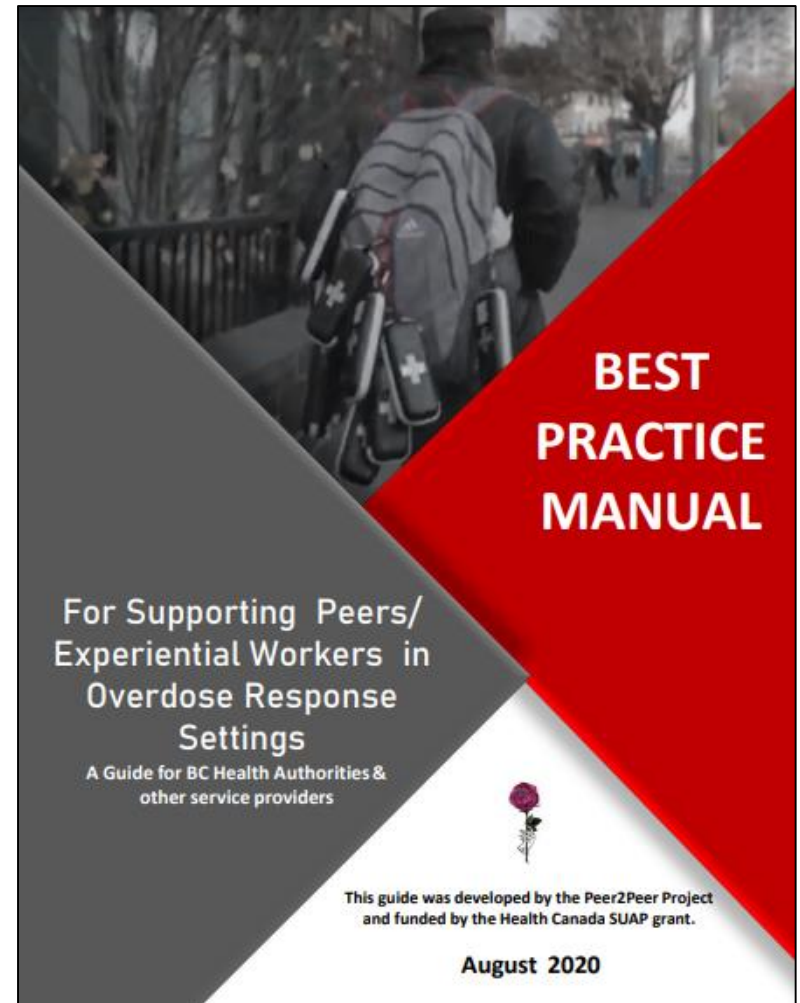
People Who Use Substances and Employment

Peer2Peer Project

985 views • 2 years ago

Best Practice Manual

- Tools to provide organizational support to peer workers
- Includes templates for:
 - Photo IDs
 - Business cards
 - Job descriptions for Community Outreach Worker, Peer Worker, and Systems Navigator roles
 - Orientation Checklist



Peer Worker Leadership Training

<https://towardtheheart.com/peer-worker-training>

- Part of the BC Peer Worker Training Curriculum
- Developed for and by peer workers in BC
- 8 modules on leadership skills for peer workers



Module 1: Recognizing Mental Health Disorders

[Launch Training](#)

RESOURCES

- [Module 1 Summary Handout: Responding to Emergency Situations with Mental Health Disorders](#)

Other Resources

- Videos and instructions for using a pulse oximeter during overdose response
- Videos and guidelines for overdose response during COVID-19
- COVID-19 Support Guide for marginalized individuals
- Research briefs
- Project evaluation reports

Conclusion

- Peer Workers in BC are looking for recognition for their work, better working conditions and organizational supports, and opportunities for skill development.
- Peer2Peer resources can be used by other drug user advocacy groups and organizations employing peer workers.
- <https://towardtheheart.com/peer2peer-project>

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