

# HOW TO RESPOND TO AN OPIOID OVERDOSE

## *Know the signs*



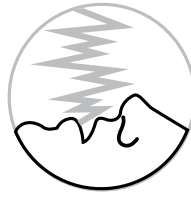
**Not moving and  
can't be woken**



**Slow or not  
breathing**



**Blue lips  
and nails**



**Choking, gurgling  
sounds or snoring**



**Cold or  
clammy skin**



**Tiny pupils**

**Call 911**



**Stay and help. Canada's Good  
Samaritan law can protect you\*  
More at: [canada.ca/opioids](http://canada.ca/opioids)**

## *Know the SAVE ME steps to save a life*



**STIMULATE**  
*Unresponsive? Call 911*



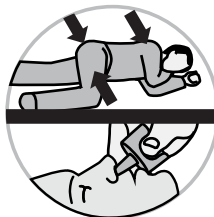
**AIRWAY**  
*Check and open*



**VENTILATE**  
*1 breath every 5 seconds*



**EVALUATE**  
*Breathing?*



**MEDICATION**  
*1 dose of Naloxone*

**Keep giving  
breaths. Brain  
damage can  
occur within  
minutes.**



**EVALUATE &  
SUPPORT**  
*Wait 5 minutes. Another dose?*

\* If you are at the scene of an overdose and you or someone else calls 911 to get medical assistance, you are not to be charged with simple possession (possession for your own personal use) of an illegal substance. You are also not to be charged for breach of probation or parole relating to simple drug possession.